

# SCHEDULE: RECEPTION HALL

- 12 - 12:45 - Apple Baking Trivia Game
- 1:00 - 1:45 - Master Chef Rich Rosendale  
"Investing in Innovative Sustainability"
- 2:00 - 3:00 - Sprout to Finish Chef Competition
- 3:15 - 4:00 - Scott Dolly "Move Better to Live Better"

# SCHEDULE: PAVILLION

- 12 - 12:45 - Knifing Knowledge for Adults
- 1:00 - 1:30 - WOW, Kicking Your Menu up a Notch
- 1:45 - 2:15 - Container & Raised Bed Gardening
- 2:30 - 3:00 - Butcher for a Day

# SCHEDULE: BANDSTAND

- 12:45 - 1:15 - Storytelling
- 1:30 - 2:00 - The Way of Beekeeping
- 2:15 - 2:45 - Storytelling
- 3:30 - 4:00 - Storytelling

Storytelling provided by Handley Regional Library System



**"We Exist to Serve Our Members"**

# The Communities behind Sprouts



**Take a food journey**

Read about the chefs who are passionate about locally sourced food and the farmers and food artisans who produce it. Plan a weekend culinary adventure through our Taste community and enjoy a signature Root to Table fine dining "real food" experience.

**Save the date!**  
Sunday  
12.05.21



The Restaurant at Patowmack Farm

**"Four Sensational Chefs at Patowmack"**  
Celebrate an evening of locally sourced cuisine with some of the highest-rated Chefs in the Blue Ridge at one of Greater Washington's premier "farm to table" restaurants overlooking the Potomac River. Visit [tasteofblueridge.com](http://tasteofblueridge.com) for more details.



Put down the phone and get outside! Plan a day trip or weekend getaway with some of the area's best attractions and activities. From Harrisonburg to Harpers Ferry, keep up with family-friendly things to do.

Be a part of our communities  
[tasteofblueridge.com](http://tasteofblueridge.com)      [vakidstrail.com](http://vakidstrail.com)

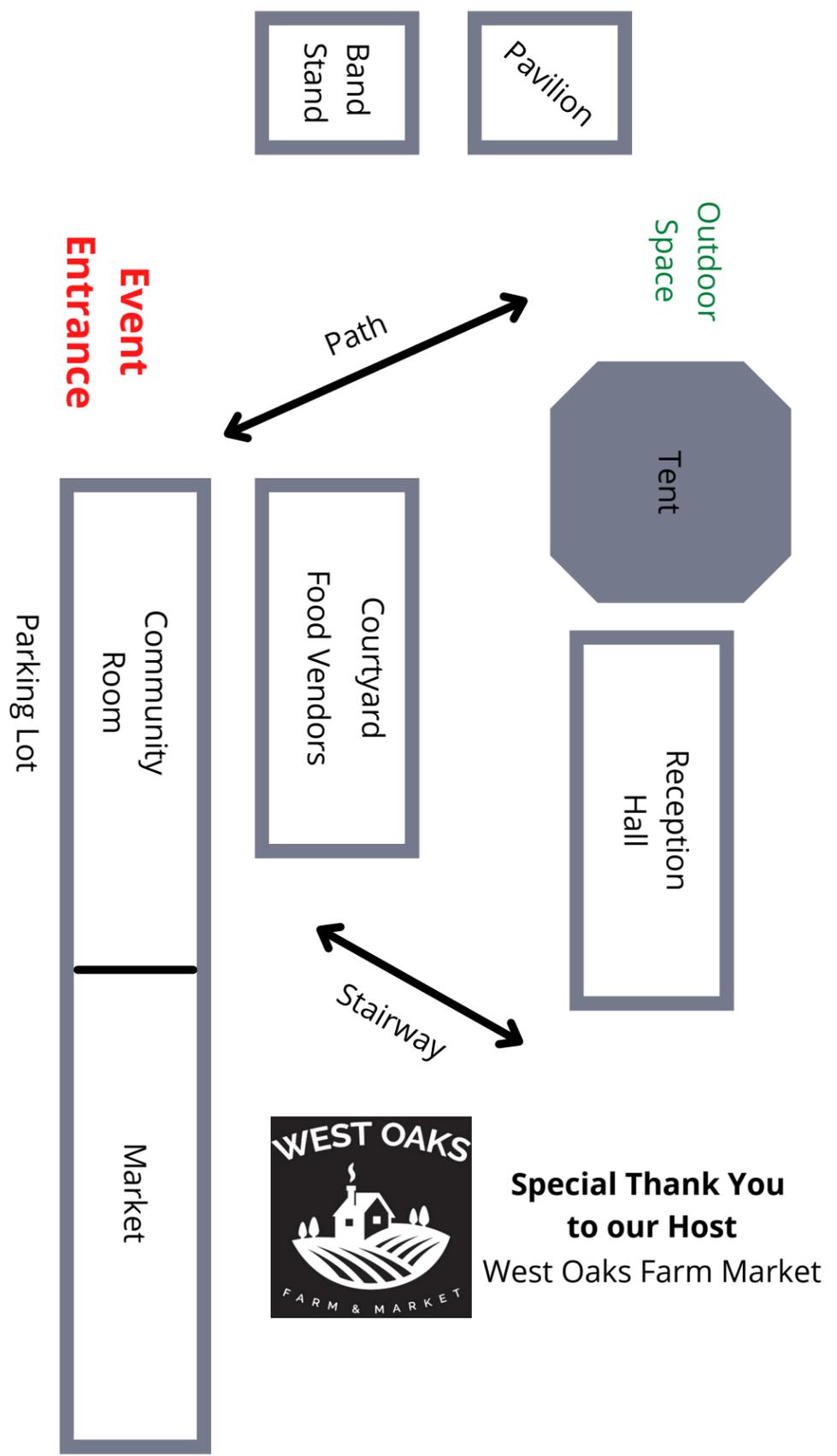


# BLUE RIDGE SPRIGS

## Food Festival

Thank You to Our Sponsors





**Thank You to our Fiscal Sponsor**  
 Community Fund of the Northern Shenandoah Valley



**Special Thank You to our Host**  
 West Oaks Farm Market

# ALL DAY ACTIVITIES

## COMMUNITY ROOM

- Fairy Garden - Massanutten Resort
- Lemon Squeeze - Chick-Fil-a
- Cider Press - Mackintosh Fruit Farm
- Tasting Garden - West Oaks Farm Market

## TENT

- Scavenger Hunt (beginning) - Chick-Fil-a
- Career Match Game - F&M Bank
- All About Micro-greens - A Farm Less Ordinary
- Mixology - Lilah's Restaurant
- Clementine Vintage Selfie Booth
- Longevity through Movement - Evolution Human Performance
- Future Farmers of America Foundation

## RECEPTION HALL

SEE EVENT SCHEDULE FOR TIMES

- Apple Baking Trivia Game
- Master Chef Rich Rosendale - "Investing in Innovative Sustainability"
- Scott Dolly - "Move Better to Live Better - Living Your Best Life"
- Sprout to Finish Chef Competition

## OUTDOORS

- Underground Classroom - Augusta County Soil & Water Conservation
- Meet Mike & Mose - Green Gables Farm
- Be All You Can Be Family Fitness Course - Go Army
- Fall Fun with VA State Parks
- Hayrides, corn maze and other West Oaks activities
- Healthy Snacks - Valley Health



# OTHER EXHIBITORS

- Honestly Smoked - Tent
- Stacie Haaga (nutrition & wellness) - Sidewalk
- Family of Nuts - Tent
- Berry Good Farm - Tent
- Sister Sue's Jams & Jellies - Sidewalk
- VA Cooperative Extension - Community Room
- VA Pork Council - Community Room
- Geezer Ridge Farm - Community Room
- Kitchen Craft Cookware - Tent
- Heartland Foods - Community Room
- Hillbrook Inn - Community Room
- Burner's Beef - Community Room
- Hive House Apiaries - Sidewalk
- Handley Regional Library - Bandstand

## MENU

### Southern Seafood Boil - \$18

Shrimp & Smoked Sausage, Corn on the Cob, Baby Bliss Potatoes, and Seasoned Chesapeake Butter

### "Crush" Puppies - \$12

Blue Crab & Shrimp Fritters served with a Cajun Remoulade

### Crispy Shenandoah Valley Fried Chicken \$10

Sweet Potato Waffle Fries, Harissa Aioli & Black Garlic BBQ Sauce

**Chef Erik Foxx-Nettnin**  
 The Polished Foxx Catering



**Chef Jose Marty**  
 LoCo Kitchen Catering

